

Why You Should Attend

The Need for MIDAS:

- Modern leaders face unprecedented uncertainty, rapid tech change, and workforce complexity
- Emotional Intelligence & Positive Psychology aren't just skills—they prevent burnout, stress, and disengagement
- Cognitive agility, creativity, and emergent awareness are critical for future-ready leadership
- Participants gain proactive skills for wellbeing, decision-making, and innovation

Program Focus:

7 Clusters of Holistic Excellence:

1. Cognitive Agility
2. Emotional Intelligence & Positive Psychology
3. Mind–Body Alignment
4. Creativity & Expression
5. Resilience & Stress Recovery
6. Technology Readiness
7. Emergent Awareness

Why NOVUX:

- Immersive, experiential, measurable, and globally recognized
- Integrates AR simulations, gamified microlearning, biohacking, music/drama reflective sessions
- Uses LMS + LXP + xAPI + LRS to track growth in real-time

Pre-Program Assessment & Phase 1

Pre-Program Assessment (20 Minutes):

- Adaptive digital quiz & psychometrics via NOVUX LMS/LXP
- Optional wearable input (focus & heart-rate variability)
- AI dashboard generates Baseline Leadership Profile

Phase 1 – Orientation & Core Foundations (4 Hours):

Hour 1:

Welcome, growth mindset, intro to 7 Clusters + 21 Tools

Hour 2:

LMS orientation + AR leadership archetypes

Hour 3:

Mind–body calibration (mindfulness, breathwork, reframing exercises)

Hour 4:

Reflection journaling via LXP dashboard

Outcome

Readiness for Immersion Report synced to digital portfolio

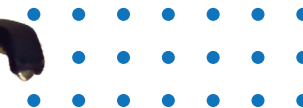
Phase 2 & Phase 3: Technical Immersion & Applied Integration

Phase 2 – Advanced Leadership Immersion (6 Hours):

- **Hour 5:** Cognitive Leadership Lab – adaptive AI coaching challenges
- **Hour 6:** Emotional Intelligence Builder – stress & empathy tasks, preventive wellbeing focus
- **Hour 7:** Organizational Change Simulation – AI-driven decisions
- **Hour 8:** Resilience & Team Alignment Sprint – collaborative problem-solving
- **Hour 9:** Ethical Crisis Navigation – gamified moral dilemmas
- **Hour 10:** AI-Driven Self-Awareness Analyzer – analytics & feedback

Phase 3 – Applied Simulation & Integration Labs (4 Hours):

- **Hour 11:** Innovation Challenge Simulation – team problem-solving
- **Hour 12:** Collaboration in Uncertainty – AI-analyzed group coordination
- **Hour 13:** Applied Leadership Sprint – design-thinking workplace challenge
- **Hour 14:** Group Reflection Forum – peer-led journaling & emotional mapping
- **Outcome:** Enhanced collaboration, reflective intelligence, communication mastery



Phase 4 & Phase 5: Digital Leadership & Capstone

Phase 4 – Technology Integration & Digital Leadership (2 Hours):

- **Hour 15:** AI-powered decision-making exercises
- **Hour 16:** Real-time analytics, digital goal-setting, leadership roadmap
- **Outcome:** Integrate data & AI into leadership strategy

Phase 5 – Capstone Hackathon & Leadership Simulation (4 Hours):

- **Hour 17:** AI Disruption Leadership Challenge – ethical innovation & strategic empathy
- **Hour 18:** Tech Crisis Simulation – calm crisis leadership & trust-based communication
- **Hour 19:** Innovation Sprint – product launch, creative storytelling, prioritization
- **Hour 20:** Future of Work Talent Retention – human-centered strategy design
- **Capstone Output:** Digital Leadership Solution Deck scored via LXP analytics

Post-Program Assessment (20 Minutes):

- AI-driven post-test + digital journaling
- Leadership Growth Report with measurable progress

Delivery Methods:

- **Immersive & Engaging:** AR storytelling, gamified microlearning, simulations
- **Practical & Experiential:** Capstone and real-world scenarios
- **Digital & AI-Personalized:** LMS + LXP dashboards and coaching
- **Flexible & Customizable:** Online or blended, tailored for corporate teams

Certification & Technology

Technology & Delivery:

- **Platform:** NOVUX LMS + LXP (xAPI & LRS-enabled)
- **Devices:** Laptop or Tablet (no physical labs required)
- **Tracking:** Learning progress, engagement, simulation analytics, emotional calibration

Certification:

- **MIDAS Certified Leader in Holistic Excellence & Digital Readiness**
- **Criteria:** Completion of modules, post-assessment, Capstone Deck submission

Program Summary:

- **Pre-Program Assessment:** 20 min
- **Phase 1 – Core Foundations:** 4h
- **Phase 2 – Technical Immersion:** 6h
- **Phase 3 – Applied Simulation:** 4h
- **Phase 4 – Digital Leadership:** 2h
- **Phase 5 – Capstone Hackathon:** 4h
- **Post-Program Assessment:** 20 min

Total: 20 Hours + 40 Minutes

Price & Customization:

RM 5,000

standard fee, customizable packages

- **HRDF Claimable**

CONTACT US :

Novux Education & Training Centre

education.novux.com.my

support@novux.com.my

+60 17-807 0800

MIDAS HOLISTIC LEADERSHIP & WELLBEING EXCELLENCE PROGRAM

Cognitive | Emotional | Digital | Ethical



20 Hours + 40 Minutes Total

HRDF Claimable for corporate participants

Price: RM 5,000 (Customizable for organizations)

Delivered via NOVUX LMS + LXP (xAPI & LRS-enabled)

Fully Online or Blended Access, Laptop/Tablet Friendly

Practical, Experiential Capstone Hackathon

Future-Ready Leaders: **Transform Mind, Body & Performance**

Build leadership resilience, cognitive agility, and emotional intelligence before challenges arise.

<http://education.novux.com.my/>